

THE PAVILIONS

Discover The Pavilions Spa

Our garden sanctuary is located opposite the Bale, at the beginning of our bamboo alley.

We look forward to welcoming you to experience our allnatural wellness rituals; from reviving massages to restoring healing therapies and indulgent beauty treatments, all made with love in Bali.



Learn how to prepare our favourite all-natural beauty treatment

Our experienced therapists will guide you through a lesson in organic wellness, explain how to choose the freshest ingredients, show you how to prepare the skin superfood and treat yourself to some indulgent "me time".

YOUR CLASS INCLUDES:

- Organic ingredients from our "Spa Kitchen"
- 5-step facial rejuvenation
- DIY facial massage & reflexology
- Your "recipe" booklet to take home

90 Minutes | 560 per person

Prices are quoted in thousands' IDR and subject to 21% service charge & taxes

BALINESE MASSAGE

This traditional massage combines long flowing movements and soft palm pressure with the soothing aroma of essential oils for a restoring wellness experience, promoting a deep sense of relaxation.

PAVILIONS SIGNATURE MASSAGE

Our best kept secret, combining pressure point massage, kneading and gentle stretching techniques to rejuvenate tired muscles and stimulate the flow of oxygen, leaving you fully reenergised.

HOT STONE

Heated stones placed on specific parts of your body melt away tension, ease muscle stiffness and encourage blood flow, allowing optimal access to tense muscle tissue without the need for additional pressure.

HERBAL THERAPY

This ancient practice uses hot compresses, combining the benefits of a traditional oil massage with thermal therapy. Steam releases the essential oils of the herbs and spice mix for a revitalizing effect on body and spirit.

MINI ME (6 – 12 YEARS)

A gentle full body massage using virgin coconut oil aimed at introducing our youngest guests to the benefits of natural wellness.

PRENATAL MASSAGE

Massage therapy during pregnancy is a soothing complement to your prenatal care and a healthy way to reduce stress and promote wellbeing, based on your specific requirements.

90 MINUTES | 680

60 MINUTES | 420 90 MINUTES | 590

60 MINUTES | 450

90 MINUTES | 620

Essential Oils & Healing Touches



60 MINUTES | 420

45 MINUTES | 320

90 MINUTES | 650

JET LAG RECOVERY MASSAGE

Long, gliding strokes and gentle kneading movements combined with the detoxifying properties of warm peppermint oil provide immediate relief from fatigue to rebalance energy levels, ease muscle pain and successfully reset your internal clock.

COCONUT PASSION

This indulgent treatment uses warm virgin coconut oil combined with fresh coconut flakes to gently exfoliate, smooth and nourish your skin with a full body massage, leaving your skin silky and delicately scented with the tropical fragrance of coconut.

AYURVEDIC MASSAGE

A full body massage with medicated oil aimed at rebalancing your Doshas, the three primary life energies. This ancient holistic healing practice improves circulation, eases the elimination of toxins and promotes all-round relaxation.

HOT STONE BACK RELIEF

The soothing and healing properties of our hot stone treatment applied specifically to the spinal area to ease muscle tension and reduce shoulder strain and fatigue.

FOOT REFLEXOLOGY

Inspired by traditional Chinese medicine, reflexology is a gentle manipulation of the reflex points on the feet, with each point corresponding to a different area of our body. This feel good treatment balances the energy flow and relieves stress.

75 MINUTES | 520

60 MINUTES | 450

75 MINUTES | 550

40 MINUTES | 400

60 MINUTES | 380





AT THE PAVILIONS SPA | 250 IN YOUR OWN VILLA | 300

MILK & ROSES

Nourish and brighten your complexion with this soothing aromatic bath.

LEMON & ORANGE

Revive and purify skin with the detoxifying properties of citrus fruits.

EUCALYPTUS & LEMONGRASS

Refresh and invigorate body and mind with this energizing blend.

ADD-ONS The Perfect Complement to Yous Favourite Treatment

30 MINUTES | 230

BODY SCRUB

Get silky smooth skin and that radiant glow with our selection of natural body polishes.

FOOT MASSAGE

Revive tired feet and improve circulation with the ultimate relaxation ritual.

MINI FACIAL

An express version of our all-time favourite organic Aloe Vera facial, the perfect pick me up.

HEAD MASSAGE

Relieve stress and ease muscle tension with our soothing scalp and neck massage.

BODY TREATMENTS Assembled with Matuse's Finest Ingredients

ULTIMATE BLISS

120 MINUTES | 790

60 MINUTES | 430

The best of both worlds: enjoy 60 minutes of our restoring traditional Balinese massage combined with your choice of organic facial to purify, revive and refresh.

AFTER-SUN RECOVERY

The ultimate after sun therapy to soothe overexposed skin with moisturizing and revitalizing properties of our 100% natural Aloe Vera and cucumber body mask, while enjoying a reviving cucumber facial and a de-stress hands and feet massage.

COFFEE & GINGER

This instant mood booster rejuvenates and polishes the epidermis with the natural antioxidant properties of freshly ground coffee beans for a healthy and glowing complexion. Start your treatment with our signature massage, followed by an organic Kintamani coffee scrub.

BODY GLOW

A special treat from top to toe beauty, incorporating an invigorating organic rice scrub, followed by a detoxifying volcanic clay mask, ideal for toning and firming skin. Your pampering session is rounded off by a revitalizing massage.

ROYAL LULUR

This sumptuous beauty ritual, originally reserved for Japanese Princesses, starts with a relaxing massage, followed by a natural exfoliation with aromatic lulur paste and a nourishing yoghurt body mask, before immersing yourself in the sheer bliss of a floral milk bath.

90 MINUTES | 640

120 MINUTES | 850

140 MINUTES | 930



60 MINUTES | 460

PURIFY: CUCUMBER & YOGHURT

Deep clean pores with an oatmeal & brown sugar scrub, followed by a power duo cucumber and yoghurt to moisturize and strengthen skin texture, regulating oil production with its natural anti-bacterial function, to ensure your skin's optimal PH balance is restored.

REVIVE: COCOA & COCONUT

This combination is rich in antioxidants will keep your skin looking young and luminous. virgin coconut oil and rice gently polish cleanses the skin whilst locking in moisture. The cocoa mask provides for a true nourishing treat, reducing the appearance of wrinkles and fine lines.

REFRESH: ALOE VERA

The ultimate skin superfood is rich in minerals and vitamins, great for sun-tired skin. Paired with a honey and sugar scrub it speeds up the skins healing process, while its natural anti-inflammatory properties improve elasticity for a smooth and healthy complexion.

HANDS & FEET

MANICURE

Your manicure includes a gentle hand soak, with nail and cuticle care, a revitalizing scrub and a relaxing hands massage, plus the nail varnish of your choice.

| 75 MIN | 275 |
|--------|-----|
| 60 MIN | 220 |

PEDICURE

Tired feet are soaked in a soothing bath, followed by with a nail and cuticle care. Enjoy an invigorating scrub and soothing foot massage, before applying the nail varnish of your choice.

> 75 MIN 330 60 MIN (WITHOUT NAIL POLISH) 275

POLISH CHANGE

HANDS OR FEET

15 MIN | 165

YOGA

Yoga is an ancient physical, mental and spiritual practice leading to a sense of wellbeing and inner balance, through a combination of specific postures, meditation and breathing techniques.

Private Yoga Sessions

Our expert Yogi will guide you through a healing yoga session, tailor made to your individual needs and level of expertise, in our open air yoga studio.

| 60 minutes | 400 |
|--------------------------------|-----|
| 90 minutes | 500 |
| May 2 participants per session | |

Each additional person + 100

24 hours' advance booking essential, subject to availability.

SPA ETIQUETTE

OPENING HOURS

Daily from 11.00 am to 7.00 pm

ADVANCE BOOKINGS

Please contact our Guest Service team at ext. 0 to reserve your treatments or for any additional information.

SPA EXPERIENCE

Please arrive 10 minutes prior to your scheduled time, in order to prepare for your treatment.

CHILDREN POLICY

We welcome young guests aged 6 to 12 for selected treatments accompanied by a guardian.

CANCELLATIONS

Treatments cancelled within 4 hours of the scheduled appointment time incur a 50% penalty charge. Full charges apply for cancellations received within 2 hours of the scheduled appointment time or for no shows.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries that could affect your Spa experience when making your booking and review any specific preferences with your therapist prior to your treatment.

WHAT TO WEAR

For all body treatments, our therapist will provide you with disposable underwear and a Sarong.

GIFT CERTIFICATES

The gift of wellness is a great way to celebrate a special occasion or surprise your loved ones. Please contact our Guest Service team for further information on our gift certificates.