



**FEELING GOOD**

**YOUR CURATED**  
*journey*  
**STARTS HERE**

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As worldly travellers, we know you're keen to give back to the communities you visit. Our Feeling Good itinerary is the perfect way to do a little good while experiencing all that Phuket has to offer. Designed to reduce your carbon footprint and support the community, travelling responsibly has never been more enjoyable.



## DAY 1

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On arrival in Phuket, our friendly staff are waiting to pick you up at the airport and transfer you to our resort.

Relax on our comfortable wooden deck while dining on our delicious al-fresco menu. The menu exclusively features fresh produce grown in the Pavilions Gardens or by local farmers who grow their products ethically.



Lunch at The Plantation Club



Soi Dog Foundation

## DAY 2

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This morning, take the opportunity to spend time with some furry friends at the Soi Dog Foundation. The foundation helps street dogs and cats that have no one else to care for them, resulting in better lives for both animal and human communities. Let us arrange a return transfer so you can visit, donate or even sponsor a dog if you wish.

More wholesome moments await as you treat yourself to some healthy food in the lush tropical gardens of Project Artisan Café. This café uses locally sourced fruits and vegetables and undertakes initiatives to support local artisans and craftsmen – the perfect way to eat for a good cause.



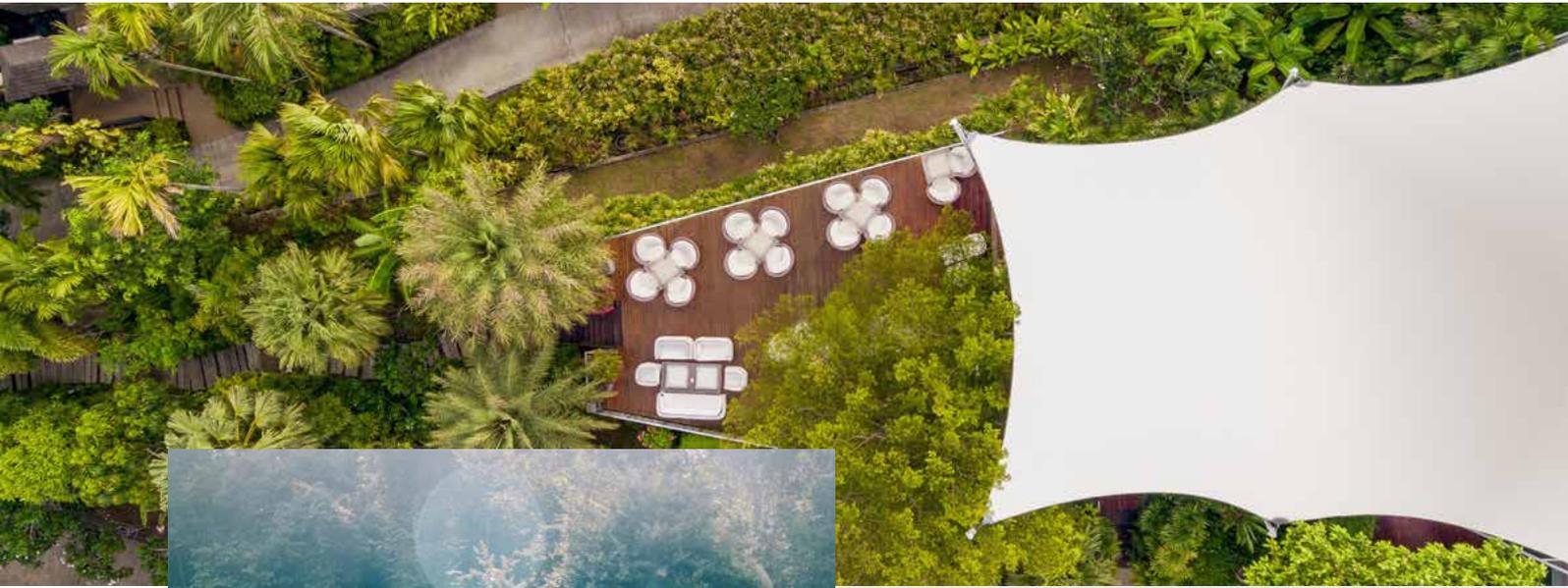
Gibbon Rehabilitation Center

## DAY 3

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If you feel like getting involved and learning more about the local community, sponsoring a lunch at The Life Home Project Foundation is the perfect way to do so.

The organisation helps women and children suffering from HIV/AIDS in Thailand to have a better life with a caring home, educational opportunities and access to treatment. We can help arrange food and drinks depending on how much you wish to sponsor, and you can share a lunch with the women and children.



Phuket Elephant Sanctuary

## DAY 4

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Start your day with some monkey business by volunteering at the Gibbon Rehabilitation Centre. The Centre is a research division of Thailand's Wild Animal Rescue Foundation and works to rescue and rehabilitate gibbons from the pet trade and tourist industry before reintroducing them to the wild where possible.

## DAY 5

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Experience something extra special on your last day with a visit to Phuket Elephant Sanctuary. As Phuket's first and only true ethical elephant sanctuary, elephants bathe and play together naturally. Observe how the world's greatest land mammal spends its days and rehabilitates into forest life.

Before heading back to the hotel to check out, grab a quick bite at Natural Efe Macrobiotic World. The soulful vegan and vegetarian food are just what you need to feel good on the inside out before heading home refreshed and revitalised.

